

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable

Check in opens 9.00 a.m.

Inter-Club Relays

10.30 a.m.

Girls	13	4 x 100m	Heats
Boys	13	4 x 100m	Heats
Girls	15	4 x 200m	Heats
Boys	15	4 x 200m	Heats
Girls	17	4 x 200m	Heats
Boys	17	4 x 200m	Heats
Girls	19	4 x 200m	Heats
Boys	19	4 x 200m	Heats

Deadline for Amendments to Relay teams is Tuesday the 27th February 2018 @ 20:00

FINALS OF ABOVE

Check in closes 12.30 p.m.

1.30 p.m.

Girls	12	4 x 100m	Heats
Boys	12	4 x 100m	Heats
Girls	14	4 x 200m	Heats
Boys	14	4 x 200m	Heats
Girls	16	4 x 200m	Heats
Boys	16	4 x 200m	Heats
Girls	18	4 x 200m	Heats
Boys	18	4 x 200m	Heats

FINALS OF ABOVE

Field Events

10:00 AM	Shot Putt	U19 Boys (6k)
10:45 AM	Shot Putt	U19 Girls (4k)
11:30 PM	Shot Putt	U18 Boys (5k)
12:45 PM	Shot Putt	U18 Girls (3k)
1:30 PM	Shot Putt	U17 Boys (5k)
2:15 PM	Shot Putt	U17 Girls (3k)

Deadline for U17, U18 & U19 bypass entries for Day 1: Wednesday 28th February @ 20:00

10:30 AM	Pole Vault	U15 Girls (warm-up starts at 9:30 AM)
1:00 AM	Pole Vault	U16 + U17 Girls (warm-up starts at 12:30 PM)
3:30 PM	Pole Vault	U18 + U19 Girls (warm-up starts at 2:30 PM)

10:00 AM	High Jump 1	U17 Boys	10:00 AM	Long Jump 1	U16 Girls
10:00 AM	High Jump 2	U17 Girls	11:15 AM	Long Jump 1	U16 Boys
11:30 AM	High Jump 1	U18 Girls	12:30 PM	Long Jump 1	U15 Girls
11:30 AM	High Jump 2	U19 Girls	2:00 PM	Long Jump 1	U15 Boys
1:00 PM	High Jump 1	U18 Boys	3:15 PM	Long Jump 1	U14 Girls
1:00 PM	High Jump 2	U19 Boys			
2:30 PM	High Jump 1	U16 Boys			
2:30 PM	High Jump 2	U16 Girls			

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check in closes 9.30 a.m (400m/1500m)

10.00 a.m

Girls & Boys 18 400m Heats
Girls & Boys 19 400m Heats

10.50 a.m

Girls & Boys 16 1500m
Girls & Boys 17 1500m
Girls & Boys 18 1500m
Girls & Boys 19 1500m

400m/1500m FINALS WILL BE HELD AT HEAT TIME IF HEATS ARE NOT REQUIRED

Check in closes 10.30 p.m. (Walks)

11.45 a.m.

Boys 16 1500m Walk
Boys 17 1500m Walk
Boys 18 1500m Walk
Boys 19 1500m Walk

Boys 14 1000m Walk
Boys 15 1000m Walk

NOTE: THERE WILL BE A 20 MINUTE BREAK ON THE TRACK AFTER THE BOYS WALK

Girls 14 1000m Walk
Girls 15 1000m Walk

Girls 16 1500m Walk
Girls 17 1500m Walk
Girls 18 1500m Walk
Girls 19 1500m Walk

2.00 p.m. Finals 400m

Check in closes 1.30 p.m. (60m)

2.30 p.m.

Girls & Boys 12 60m Heats
Girls & Boys 13 60m Heats
Girls & Boys 14 60m Heats
Girls & Boys 15 60m Heats
Girls & Boys 16 60m Heats
Girls & Boys 17 60m Heats
Girls & Boys 18 60m Heats
Girls & Boys 19 60m Heats

FINALS 1500m, 60M SPRINTS

Check in Closes 9.30 a.m. first field events

Long Jump

10.00 a.m. Girls (Pit 1) 19
11.00 a.m. Boys (Pit 1) 19
12.00 p.m. Girls (Pit 1) 18
1.00 p.m. Boys (Pit 1) 18
2:00 p.m. Girls (Pit 1) 17
3:00 p.m. Boys (Pit 1) 17

Pole Vault (warm up at 10:00/12:30)

11.00 a.m. Boys 15-16
1:30 p.m. Boys 17-19

Shot Putt

10.00 a.m. Boys 13 (2k)
11.00 a.m. Girls 13 (2k)
12.00 p.m. Boys 15 (3k)
1.00 p.m. Girls 15 (2.72k)
2.00 p.m. Girls 16 (3k)

High Jump

10.00 a.m. Girls (Mat 1) 13
Boys (Mat 2) 14
11.30 a.m. Girls (Mat 1) 14
Boys (Mat 2) 13
1.00 p.m. Girls (Mat 1) 12
Boys (Mat 2) 12
3.00 p.m. Boys (Mat 1) 15
4:30 p.m. Girls (Mat 1) 15

**Deadline for U17, U18 & U19 bypass entries for Day 2:
Wednesday 7th March @ 20:00**

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check in closes 9.15 a.m (200m)

10.00 a.m

Girls & Boys	16	200m heats
Girls & Boys	17	200m heats
Girls & Boys	18	200m heats
Girls & Boys	19	200m heats

Check in closes 10.00 a.m (600m/800m)

11.15 p.m.

Girls & Boys	12	600m
Girls & Boys	13	600m
Girls & Boys	14	800m
Girls & Boys	15	800m
Girls & Boys	16	800m
Girls & Boys	17	800m
Girls & Boys	18	800m
Girls & Boys	19	800m

200m/600m/800m FINALS WILL BE HELD AT HEAT TIME IF HEATS ARE NOT REQUIRED

NOTE: THERE WILL BE A 20 MINUTE BREAK ON THE TRACK AFTER THE 800m HEATS

1.45 p.m.

200m Finals

Check in closes 1.15 (Hurdles)

2.15 p.m.

Girls	13	60m Hur	2'3"	Heats
Boys	13	60m Hur	2'3"	Heats
Girls	14	60m Hur	2'3"	Heats
Boys	14	60m Hur	2'6"	Heats
Girls	15	60m Hur	2'6"	Heats
Girls	16	60m Hur	2'6"	Heats
Boys	15	60m Hur	2'9"	Heats
Boys	16	60m Hur	2'9"	Heats
Girls	17	60m Hur	2'6"	Heats
Girls	18	60m Hur	2'6"	Heats
Girls	19	60m Hur	2'9"	Heats
Boys	17	60m Hur	3'0"	Heats
Boys	18	60m Hur	3'0"	Heats
Boys	19	60m Hur	3'3"	Heats

FINALS 600m, 800m, HURDLES

Check in Closes 9.30 a.m. first field event

Long Jump

10.00 a.m.	Girls	(Pit 1)	12
11.30 p.m.	Boys	(Pit 1)	12
1.30 p.m.	Girls	(Pit 1)	13
1.00 p.m.	Boys	(Pit 2)	13
2:30 p.m.	Boys	(Pit 2)	14

Triple Jump

10.00 a.m.	Girls	(Pit 2)	18
10.45 a.m.	Boys	(Pit 2)	18
11.30 p.m.	Girls	(Pit 2)	19
12.15 p.m.	Boys	(Pit 2)	19

Shot Putt

10.00	Boys	12	(2k)
11.00	Girls	12	(2k)
12.00	Girls	14	(2k)
1.00	Boys	14	(2.72k)
2.00	Boys	16	(4k)

**Deadline for U17, U18 & U19 bypass entries for Day 3:
Wednesday 7th March @ 20:00**