



## **Ballon-Rathoe A.C. Open Sports**

**2018**

29<sup>th</sup> Open Sports at James Morris Park, Ballon, Co. Carlow on  
Sunday June 3rd at 1.00pm sharp, under A.A.I. rules.  
AAI Permit granted.

### Girls Track

U6	60m
U7	60m
U8	80m
U9	80m & 200m
U10	100m & 300m
U11	100m & 300m
U12	100m & 600m
U13	100m & 600m
U14	100m & 600m
U15	100m & 800m
U16	100m

### Boys Track

U6	60m
U7	60m
U8	80m
U9	80m & 200m
U10	100m & 300m
U11	100m & 300m
U12	100m & 600m
U13	100m & 600m
U14	100m & 600m
U15	100m & 800m
U16	100m

### Field Events

Under 11 Turbo Javelin  
U12 Long Jump  
U13 High Jump  
U14 Long Jump  
U15 Shot Putt  
U16 High Jump

Under 11 Turbo Javelin  
U12 Long Jump  
U13 High Jump  
U14 Long Jump  
U15 Shot Putt  
U16 High Jump

Relays: There must be a minimum of 3 teams per event. In relay events team members must be from the same club.

Boys & Girls: U7, U9 (4x50m), U11, U13, U15 (4x100m)  
Mixed Relays: U8 (4x50m), U10, U12, U14 (4x100m)

Athletes must compete in their own age groups. They may move up one age in field events and relays as per AAI rules.

Admission: Adults: €5 Athletes: €3 Relays: €8

Perpetual Trophies: Best Club and Best Club in Relays.

Enquiries to Olive O'Byrne 087-9009421 email:olive.obyrne@gmail.com  
Facebook-Ballon/Rathoe Community Games and Athletic Club  
Refreshments available on the day